La familia = the family

Mi familia es pequeña/grande. = My family is small/big.

When talking about your family, it will look different from the English sentence, because the Spanish do not use an apostrophe for possessive sentences.

John’s mother = la madre de John.

Ann’s brother = el hermano de Ann.

The definite article agrees with the family word that follows, not with the person that came before (not with John or Ann)

La madre de John es simpática. = John’s mother is nice.

Los padres de María sont altos. = Maria’s parents are tall.